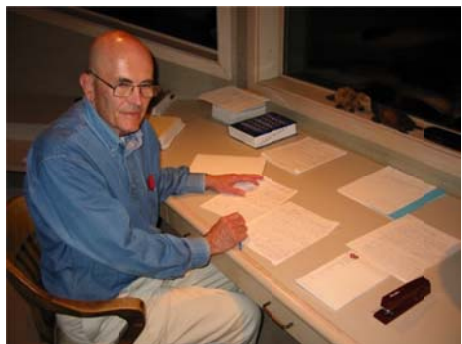


ABOUT THE AUTHOR

Dr. Lester R. Sauvage



Dr. Lester R. Sauvage, MD, is a world-famous heart surgeon, author and humanitarian. Born and raised in Yakima, WA, he originally aspired to play major league baseball but was convinced to pursue medicine by his loving and strong-willed mother. During World War II, Sauvage studied medicine in an accelerated program to train military doctors, and then entered medical school at the age of 17. Training at St. Louis University, he specialized in cardiovascular surgery, a revolutionary new field at the time. Dr. Sauvage graduated near the top of his class in 1948 and was quickly accepted for an internship at Seattle's King County Hospital.

In 1952, Dr. Sauvage was called into active service with the U.S. Army, where he served at Walter Reed Military Hospital. Studying the medical advances gained during World War II and the Korean War, he soon became a noted expert in heart surgery. When his tour with the Army ended, Dr. Sauvage pursued his calling through various hospitals, eventually finding a home at the medical center now known as Seattle Children's Hospital. In Seattle, he met the love of his life, Mary Ann, whom he married in 1956 and remains with to this day.

Dr. Sauvage's career has spanned Boston Children's Hospital, a private surgical practice, a research facility for Providence Medical Center, Seattle Children's Hospital, and other medical institutions. A founding member of Seattle's Hope Heart Institute, he innovated or collaborated upon dozens of surgical techniques and technologies. During this time, he was renowned for his amazing work ethic, compassionate manner, and dedication to the healing arts. Retiring from surgery in 1991, he has since authored four books: *The Open Heart: Secret to Happiness* (1996), *You Can Beat Heart Disease* (2000), *The Better Life Diet* (2001), and now *Open Your Heart to the Magic of Love: A Healer's Testament to Health, Happiness and Compassion*.

Beyond his undeniable skill with surgery and treatment, Dr. Sauvage is remembered by his patients, colleagues, family and friends as a man of near-infinite faith and compassion. Raised by loving Christian parents, he brings his love of God and humanity to everything he does. "Perhaps our greatest human grace," he writes, "is kindness. Even in the face of pain, we can choose to be generous. Life," he adds, "is an incredible spiritual journey." And in *Open Your Heart to the Magic of Love*, this renowned healer shares his lifelong devotion with us all.