

For Immediate Release
Media Contact: Mallory Clay
warwick@vom.com
(707) 939-9212
www.warwickassociates.net

Changes and Dangers in Store for the Future: a Message from the Universe

San Francisco, CA (October 15, 2011)—Alerted to the sighting of a UFO hovering over South Korea at the same time as the recent tsunami in Japan, Roar Sheppard found himself open to a connection with the beings within the UFO. He was rewarded with a dialogue with one particular being, and ultimately, with several others, communicating with them through deep meditation. In his new book, *The Universe Speaks: The Love and Pain of 2012-2025*, Sheppard shares with the world some startling and important knowledge related to him by the cosmic beings, knowledge that he claims, will affect and guide humans in profound ways— and soon.

An American expatriate who has lived in South Korea for many years, Sheppard is a master of the art of Danjeon breathing, which is one of the core secrets of meditation that can connect one to the universe, and he has traveled the world teaching it. He is renowned for his lectures and classes on this and the Four Principles of Human Destiny. His extensive experience and insight enables him to regularly communicate with flora, fauna and with the Earth, and now, with celestial entities.

Sheppard's primary resource is from the Pleiades the nearest star cluster to Earth and the one most obvious to the naked eye in the night sky, the Pleiades has for centuries held significant meaning to various cultures and traditions, from the Maori to the Persians, the Chinese, the Maya, the Sioux and the Cherokee, to name a few.

Sheppard tells us that for thousands of years, UFO passengers have come to Earth, most recently for the purpose of warning humans of imminent transformative and to some extent, catastrophic, events. The reality he predicts is that a "new humanity" will emerge from the chaos.

-- more --

A major cause of the changes that Sheppard forecasts is the passage of the Earth through the Photon Belt. He asserts that, for the first time in 13,000 years, beginning in 2012 our planet, which revolves around the Pleiades, will enter a higher energy oscillation of the star cluster's Photon Belt, resulting in humans developing a higher consciousness and new ways to relate to and care for the planet and each other.

Will we survive? According to Sheppard and his compatriots from beyond, the major adjustments to human lifestyle will result in a "universal citizen consciousness", i.e. an expansion of the collective unconscious. By 2025, the dimensional leap will be complete, and the Earth and its inhabitants will emerge as newly minted members of the universe.

"Passing through the photon belt safely is a change in thinking, emotion and energy. Rather than individualism based on self and family, you must have a community-centered thought of "we" as foundation to make your way through the present hardship."

The author presents guidelines as to what a community-centered life and an "eco-community" will comprise. Another fascinating element of *The Universe Speaks* is the detailed description of how each continent is now being affected by natural disasters and what is to come for each region.

#

Title: *The Universe Speaks: The Love and Pain of 2012-2025*

Pub Date: September 2011

Author: Roar Sheppard

Publisher: Kima Global

ISBN: 987-1-920533

Distributors: Ingram Books

Information: www.warwickassociates.net, <http://universespeaks2012.com>

List Price: \$23.00

Format: Paperback

Rights: World