



# 2012: A MYSTERY

By Roar Sheppard

**W**e've all heard the hype about the year 2012, and now that date is arriving, all weighted with meaning, predictions and expected changes. What's going to happen?

Maybe nothing? Most people don't want to think about it – it either sounds like another doom and gloom story, like the Y2K issue in 2000; or people just think that the sun will always rise tomorrow, because it always has. It just goes way out of our comfort range or even the range of our imagination to imagine that anything completely life-changing could happen in our lifetimes. The way our ancestors lived, is the way we will live... Or so we might like to believe...

But the truth is, even if you don't want to think about "way out" possibilities, there are already scientifically and economically provable inevitabilities that show we are in for some massive changes soon.

So, what do you think is going to happen in the years to come?

We are on the edge of a convergence of not just one factor, but several factors that are going to change the way we live in the very near future.

Peak oil, economic collapse, climate change are all very real and immediate influences. Never before has humankind become so dependent on oil for our food supply and lifestyles; never before have we had such a debt problem worldwide and never before have we experienced such fast climate change in such a short period of time, except maybe the mass extinctions which have happened for various reasons on our planet before.

Even if you are not a "way out" person who places much significance on ancient or New Age spiritual prophesies about the year 2012, the alarm bells should be ringing. Added to that, with our eyes and experiences, we are facing natural disasters worldwide

which have been increasing with a vengeance...it is almost like the Earth is trying to warn us, and some say, trying to clean herself of the mess human beings have been making of the environment.

The end of cheap oil energy, economic collapse and climate change are just a few of the factors that are pushing us into new zones which are way out of our current experience...They are all going to happen. Fact. Maybe not all of them next year, but certainly, next year through to the year 2025 is going to be the era when the face of our earth and our own circumstances are going to change dramatically. Perhaps it is the schedule of our evolution as human beings, the schedule of the earth and the schedule of the universe...in the bigger picture.

Certainly, human beings seem to have lost our way...we have lost touch with what the reality of our situation on Earth really is:

Where does food come from?

Where does water come from?

Where does your house come from?

These days, because of our distorted economic system, we think that food comes from the local store, or if we are pushed we might say "oh, the farmers of course"...

We think that water is supplied by "the water company"...

That our houses come from "the building company"...

We think that we have earned the right to those by paying for them with money...

It is because our viewpoint has become distorted.

We have become completely separated from nature...We are so detached from the very entity which feeds and clothes us, which provides us with water and which raises us from a tiny baby into adulthood.

The farmers who work the land, do not make the vegetables or fruit themselves, they merely assist them to grow.

The water which nature provides for free, is only channeled by a company into your home.

And the building materials for your home were gathered from the soil under your feet, the builders merely assembled them.

Let's not forget the real origin of all our blessings.

We have not "earned" them, simply by saying "I buy my food and pay for my water bill".

Nature gives us everything for free in reality! We need to find that reality.

That is the truth. Mother nature does not send you water bills and rental bills

Don't we owe nature a big debt?

We should treat her with deepest respect and a grateful mind and we urgently need to learn to live in harmony with nature, as the part of nature we actually are, and as the protectors of Earth we are supposed to be, with our magnificent ability as human beings.

Each person who realizes the truth about how to live well should share those methods as much as they can to others, because this change of consciousness is the very thing which can prevent even worse scenarios in the next few years. We can change our culture into one which can be accepted by nature and the universe.

Find the ways of living in eco-friendly communities, taking direct actions immediately such as reducing or eliminating your consumption of meat and try to understand the bigger picture of why these disasters have happened and what the responsibility of human beings are.

The faster we can awaken all human beings to the reality and come to live as part of nature, the more lives we can save in the near future. People who have transformed themselves into the new humankind will be able to survive. Earth can be reborn as a new Earth, with a new type of human being living on her land!

So, what do we have to do to change the future prospects of our world? How can we find our happy story instead of a tragic ending...?

Focusing on fear is not the solution, but we should prepare ourselves, mentally, physically spiritually in order to find the better way. There are urgent appeals from all over the world that we can expect severe natural disasters even by the end of 2011. That only gives us a couple of months to prepare ourselves...!

These days, many more UFOs are sighted around the world. It only stands to reason that there are others in this hugely vast universe, and it also seems logical that they are more evolved than us and would like to warn us and help us through our transition to becoming the "New Humankind". There are even books and articles being published right now that are receiving their content from sources other than our Earthly human beings. But, whether you believe in that kind of thing or not....just look around you at our dire situation! Can't you feel that things need to change?

The basic thing which we should change, is our consciousness. If people become aware of themselves as a part of nature, rather than maintaining that nature is just there for our convenience, it would be the direction to which the universe wants you to move. Yes, we have to change the way we live ....We have to work with nature, not against it, we have to live more balanced spiritually-focused lives (4 hours work, 4 hours hobby, 4 hours spiritual work / meditation)... that is an ideal life. The ideal life would be to live as a part of a community that shares burdens, joys and a beautiful existence together. We have to empty our excessive lifestyles and learn to live more simply; our material greed and learn how to share with one another. We also have to "live within our means" in terms of energy - alternative "clean" energy, release our dependence on fossil fuel ...and we should do this as quickly as possible.

These are the solutions that keep coming up again and again as our solution to overcome our impending crisis. It seems inevitable that we will form eco-villages and live more local lives. It is not just about saving the environment; it is about evolving ourselves spiritually...sharing what nature provides and getting to know and loving each other more. There seems to be a plan that the universe has for us.

We can make a smooth transition by forming sustainable intentional communities and learn how to live "off the grid" as they say. We should grow our own food, touch the soil ourselves and find ways to live differently. It is not only possible, but is positive in terms of our health, the health of society and life-style.

After a period of adjustment, we will have more leisure time and more stability than ever before as we work together to share resources and skills. In modern society, people are working endless hours, eating badly, living lonely and miserable existences anyway, with permanent financial stress, created by an artificial financial system which is designed to keep you in debt.

What have we got to lose...?

Only everything to gain, I think, if we cultivate the right attitude and change our ways quickly!

While rapidly changing our lifestyles, it would be wise to prepare ourselves physically for the expected natural disasters expected as soon as November 2011!

Let's survive well and share a new life after that.

These are scary, but beautiful times... See you on the other side!

*Roar Sheppard is the author of "The Universe Speaks", published by New Page and due out June 15, 2011. ISBN: 978-160163-172-5 List Price: US \$16.99, Canada \$19.95*