

INTERVIEW QUESTIONS

The Way of the Heart

By Sophie Rose

- How was the book written?
- Is the Way of the Heart a new spiritual concept?
- What does practicing The Way of The Heart mean? Why would people want to do that?
- There is a lot of mystery surrounding Mary Magdalene and her relationship to Jesus/Jeshua. Who do you think she was?
- In the prologue, Mary Magdalene mentions that The Way of the Heart is an ancient practice that was taught in mystery schools. What is she referring to exactly?
- The Way of the Heart is a course divided in 36 lessons, with questions and answers. What is the best way to take this course and what can you expect at the end?
- God is defined as oneness in your book, which is not something Christians would agree with. If this course was dictated by Jesus and Mary Magdalene, how can you explain this definition?
- Some lessons refer to the importance of action and being engaged in the world, how do you reconcile this with spirituality?
- The book emphasizes the urgency to connect with our soul, can you talk about that?

- The beginning of the course contains Buddhist ideas, that is surprising given the sources of these teachings. Was Jesus a Buddhist? How do you explain that?
- Your book contains several references to the Ascended Masters and the Spiritual Hierarchy. Who are they?
- A Course in Miracles was also dictated by Jesus, how does The Way of The Heart compare to it?
- What was the impact of the Way of The heart on your own life?
- Are you still in contact with Jeshua and Mary Magdalene?
- Why is this course coming out now? How is it related to the shift in consciousness taking place?